Jefferson County School District 509J – Jefferson County Middle School

NOVEMBER 2024 – Menu

Breakfast Choices - All Breakfasts Served w/White Milk & Fruit				
MONDAY Ultimate Breakfast Round	<u>TUESDAY</u> Turkey Sausage, Egg & Cheese	<u>WEDNESDAY</u> Twist & Go Smoothie	<u>THURSDAY</u> Pancake & Mini Egg Omelet	<u>FRIDAY</u> Biscuit & Sausage Gravy
	Breakfast Pocket	Served w/Graham Crackers	Cereal	Super Cinnamon Bun
		Banana Bread		
Lunch Choices				
Choice of Entrée – White Milk (M-T) Chocolate Milk on Friday				
<u>Served on Monday</u>	<u>Served on Tuesday</u>	Served on Wednesday	<u>Served on Thursdays</u>	<u>Served on Fridays</u>
Chef Salad w/roll	Chef Salad w/roll	Chef Salad w/roll	Chef Salad w/roll	Chef Salad w/roll
Yogurt Lunch Box	Deli Sub Sandwich	Yogurt Lunch Box	Deli Sub Sandwich	Yogurt Lunch Box
Menus Subject to Change		CELEBRATING NATIVE		1
Due to Availability!		AMERICAN HERITAGE		Cheeseburger Calzone w/Potato Wedges
		MONTH!		Carrot & Celery Sticks – Fruit
4	5	6	7	8
Cheese Pizza – Pepperoni Pizza	Chickenwich	Sloppy Joe on a Bun	Turkey Taco Wrap – Salsa	NO SCHOOL!
Romaine Salad w/tomatoes	Vegetable Medley	Potato Smiles – Baby Carrots	Seasoned Beans & Rice	TEACHER GRADING DAY!
Fruit	Fruit	Fruit	Lettuce & Tomatoes – Fruit	
11	12	13	14	15
NO SCHOOL!	COOKS CHOICE!	Chicken Noodle Soup	Native American Heritage	Cheeseburger Calzone
VETERANS DAY!		WOWButter & Jelly Sandwich	Baja Fish Sticks OR Chicken Strips	w/Potato Wedges
		Romaine Salad w/Tomatoes	Three Sisters Salad, Cornbread	Carrot & Celery Sticks – Fruit
		Fruit	Cucumber Slices, Blueberries	
18	19	20	21	22
Cheese Pizza – Pepperoni Pizza	Chickenwich	Turkey Gravy	Chicken Fajita – Salsa	Enchilada Empanada
Romaine Salad w/tomatoes	Oven Fries – Vegetarian Beans Fruit	Mashed Potatoes – Dinner Roll Romaine Salad - Autumn Cookie	Whole Kernel Corn Fruit	Green Beans
Fruit	Fruit	Applesauce Cup	Fruit	Baby Carrots – Fruit
25	26	27	28	29
NO SCHOOL!	NO SCHOOL!	NO SCHOOL!		NO SCHOOL!
THANKSGIVING BREAK!	THANKSGIVING BREAK!	THANKSGIVING BREAK!		THANKSGIVING BREAK!
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This institution is an equal opportunity provider.				
Breakfast: Visiting Children: \$3.00 Adult Breakfast: \$3.75			Adult Milk: \$1.00	
Lunch:Visiting Children: \$4.75Adult Lunch: \$5.25		Adult Milk: \$1.00		
***Student's breakfast must include a choice of ½ cup of Fruit ***Student's lunch must include a choice of ½ cup of fruit or vegetable				