

Jefferson County School District 509J – Jefferson County Middle School

OCTOBER 2024 – Menu

Breakfast Choices - All Breakfasts Served w/White Milk				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Pancake Wrap w/Syrup	S'mores Yogurt Dip <i>Served w/Graham Crackers</i> Ultimate Breakfast Round	Pancakes w/syrup Chocolate Chip Oat Bar	Morning Scramble <i>with</i> <i>Mini Bagel & Cream Cheese</i>	Biscuit & Sausage Gravy Super Cinnamon Bun
Lunch Choices				
Choice of Entrée – White Milk (M-T) Chocolate Milk on Friday				
<u>Served on Monday</u>	<u>Served on Tuesday</u>	<u>Served on Wednesday</u>	<u>Served on Thursdays</u>	<u>Served on Fridays</u>
Chef Salad w/roll Yogurt Lunch Box	Chef Salad w/roll Deli Sub Sandwich	Chef Salad w/roll Yogurt Lunch Box	Chef Salad w/roll Deli Sub Sandwich	Chef Salad w/roll Yogurt Lunch Box
Menus Subject to Change Due to Availability!	1 BBQ Rib Sandwich Oven Fries – Vegetarian Beans Fruit	2 Chicken Alfredo – Dinner Roll Romaine Salad w/tomatoes Fruit	3 Chicken Strips Mashed Potatoes – Cornbread Cucumber Slices - Fruit	4 Hamburger w/Potato Wedges Carrot & Celery Sticks Fruit
7 Cheese Pizza – Pepperoni Pizza Romaine Salad w/tomatoes Fruit	8 Chickenwich Oven Fries – Vegetarian Beans Fruit	9 CELEBRATING HISPANIC HERITAGE Chili Cheese Nachos Black Bean & Corn Salsa Salad Cucumber Slices - Pineapple	10 Chicken Fajita – Salsa Seasoned Beans & Rice Lettuce – Tomatoes – Fruit	NO SCHOOL! STATEWIDE INSERVICE!
14 Mozzarella Breadsticks Steamed Broccoli Baby Carrots – Fruit	15 BBQ Rib Sandwich Oven Fries – Vegetarian Beans Fruit	16 Sloppy Joe on a Bun Green Beans Vegetable Medley – Fruit	17 Chicken Strips Mashed Potatoes – Cornbread Cucumber Slices – Fruit	18 Hamburger w/Potato Wedges Carrot & Celery Sticks Fruit
NO SCHOOL! PARENT CONFERENCE!	22 Chickenwich Oven Fries – Vegetarian Beans Fruit	23 Cheesy Beef & Macaroni Dinner Roll Vegetable Medley – Fruit	24 Chicken Fajita – Salsa Seasoned Beans & Rice Lettuce – Tomatoes – Fruit	25 Hamburger w/Potato Wedges Carrot & Celery Sticks Fruit
28 Mozzarella Breadsticks Steamed Broccoli Baby Carrots - Fruit	29 BBQ Rib Sandwich Oven Fries – Vegetarian Beans Fruit	30 Italian Spaghetti – Garlic Bread Romaine Salad w/tomatoes Fruit	31 Chicken Strips Mashed Potatoes – Cornbread Cucumber Slices – Fruit	HAPPY HALLOWEEN! 
This institution is an equal opportunity provider.				
Breakfast: Visiting Children: \$3.00		Adult Breakfast: \$3.75		Adult Milk: \$1.00
Lunch: Visiting Children: \$4.75		Adult Lunch: \$5.25		Adult Milk: \$1.00
***Student's breakfast must include a choice of ½ cup of Fruit				
***Student's lunch must include a choice of ½ cup of fruit or vegetable				

NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18, 2024