JEFFERSON COUNTY SCHOOL DISTRICT 509-J

BREAKFAST MENU

Early Head Start and Pre-Kindergarten

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Breakfast Child Visitor Breakfast \$3.00 Adult Breakfast: \$3.75 Adult Milk: \$1.00	This institution is an equal opportunity provider.	MENU SUBJECT TO CHANGE!
	1 Ultimate Breakfast Round Banana Milk	2 Pancake w/syrup Fruit Cup Milk	3 Morning Scramble Mini Bagel w/cream cheese Fruit Juice Milk	4 Super Cinnamon Bun Fruit Juice Milk
7 Cereal Bowl Fruit Cup Milk	8 Breakfast Combo Bar Graham Crackers Banana Milk	9 Pancake w/syrup Fruit Cup Milk	10 Morning Scramble Mini Bagel w/cream cheese Fruit Juice Milk	NO SCHOOL! STATEWIDE INSERVICE!
14 Cereal Bowl Fruit Cup Milk	15 Ultimate Breakfast Round Banana Milk	16 Pancake w/syrup Fruit Cup Milk	17 Morning Scramble Mini Bagel w/cream cheese Fruit Juice Milk	18 Super Cinnamon Bun Fruit Juice Milk
NO SCHOOL! PARENT CONFERENCE!	22 Breakfast Combo Bar Graham Crackers Banana Milk	23 Pancake w/syrup Fruit Cup Milk	24 Morning Scramble Mini Bagel w/cream cheese Fruit Juice	25 Super Cinnamon Bun Fruit Juice Milk
28 Cereal Bowl Fruit Cup Milk	29 Ultimate Breakfast Round Banana Milk	30 Pancake w/syrup Fruit Cup Milk	31 Morning Scramble Mini Bagel w/cream cheese Fruit Juice	HAPPY HALLOWEEN!

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

LUNCH MENU

Early Head Start and Pre-Kindergarten

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Breakfast Child Visitor Breakfast \$3.00 Adult Breakfast: \$3.75 Adult Milk: \$1.00	This institution is an equal opportunity provider.	MENU SUBJECT TO CHANGE!
7 Cheese Pizza Green Beans Fruit – Milk	1 BBQ Rib Sandwich Oven Fries Fruit - Milk 8 Chickenwich Vegetarian Beans Fruit - Milk	2 Chicken Alfredo Peas & Carrots Fruit – Milk 9 CELEBRATING HISPANIC HERITAGE Chili w/Cheese & Tostada Chips Cucumber Slices Pineapple	3 Chicken Strips Mashed Potatoes Fruit – Milk 10 Chicken Fajita Seasoned Beans Fruit - Milk	4 Hamburger Potato Wedges Fruit - Milk 11 NO SCHOOL! STATWIDE INSERVICE!
14	15	Milk 16 Sloppy Joe Green Beans Fruit – Milk	17	18
Mozzarella Breadstick	BBQ Rib Sandwich		Chicken Strips	Hamburger
Steamed Broccoli	Oven Fries		Mashed Potatoes	Potato Wedges
Fruit – Milk	Fruit - Milk		Fruit – Milk	Fruit – Milk
NO SCHOOL! PARENT CONFERENCE!	22	23	24	25
	Chickenwich	Cheesy Beef & Macaroni	Chicken Fajita	Hamburger
	Vegetarian Beans	Cooke Carrots	Seasoned Beans	Potato Wedges
	Fruit – Milk	Fruit – Milk	Fruit - Milk	Fruit – Milk
28	29	30	31	HAPPY HALLOWEEN!
Mozzarella Breadstick	BBQ Rib Sandwich	Italian Spaghetti	Chicken Strips	
Steamed Broccoli	Oven Fries	Peas & Carrots	Mashed Potatoes	
Fruit – Milk	Fruit - Milk	Fruit – Milk	Fruit – Milk	

NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18, 2024