


# JEFFERSON COUNTY SCHOOL DISTRICT 509-J

MAY-JUNE

K-8 MENU

2018

| MONDAY                                                                                                                                                                                                                              | TUESDAY                                                                                                                                                                                                                     | WEDNESDAY                                                                                                                                                                                                                                               | THURSDAY                                                                                                                                                                                                                              | FRIDAY                                                                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Student's <b>lunch</b> must include:<br/>As choice of <b>½ cup</b> of fruit or vegetable <b>OR</b> a combination of fruit and vegetables to equal <b>½ cup.</b></p>                                                              | <p>Student's <b>breakfast</b> must include a <b>½ cup</b> of fruit.<br/><br/>A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p>                                                                                | <p style="text-align: center; color: red;"><b><u>BREAKFAST</u></b><br/>Visiting Children: \$1.50<br/>Adult Price: \$2.50<br/><br/><b style="text-align: center; color: red;"><u>LUNCH</u></b><br/>Visiting Children: \$2.00<br/>Adult Price: \$4.00</p> | <p style="text-align: center; color: gray;"><i>FREE BREAKFAST &amp; LUNCH FOR ALL ENROLLED STUDENTS!!</i></p> <p style="text-align: center; background-color: yellow;"><b>MENU SUBJECT TO CHANGE!</b></p>                             | <p style="text-align: center; color: red;"><b>This institution is an equal opportunity provider.</b></p>                                                                                                        |
|                                                                                                                                                    | <p style="text-align: center; color: blue;">1<br/>Breakfast Burrito<br/>Fruit Juice-Banana<br/><br/>Chicken Fried Steak<br/><b>OR</b> Fish Sticks<br/>WG Roll-Sweet Potatoes<br/>Corn-Blueberries</p>                       | <p style="text-align: center; color: blue;">2<br/>Turkey Sausage Pancake<br/>Fruit Juice-Applesauce Cup<br/><br/>Pork Fajita<br/>Salsa - Spanish Rice<br/>Refried Beans-Pears</p>                                                                       | <p style="text-align: center; color: blue;">3<br/>Blueberry Pancake<br/>Fruit Juice-Apple<br/><br/>Chili Cheese Nachos<br/><b>OR</b> Yogurt &amp; String Cheese<br/>WG Roll<br/>Carrots-Garden Salad-Mixed Fruit</p>                  | <p style="text-align: center; color: blue;">4<br/>Ham &amp; Cheese Breakfast Bar<br/>Graham Crackers<br/>Fruit Juice-Mandarin Oranges<br/><br/>Chickenwich<br/>Looped Fries - Green Beans<br/>Peaches</p>       |
| <p style="text-align: center; color: blue;">7<br/>Cinnamon Bun<br/>Fruit Juice-Craisins<br/><br/>Cheese <b>OR</b> Pepperoni Pizza<br/>Garden Sala - Baby Carrots<br/>Pineapple</p>                                                  | <p style="text-align: center; color: blue;">8<br/>Breakfast Burrito<br/>Fruit Juice-Banana<br/><br/>Italian Spaghetti<br/>Garlic Bread Stick<br/>Steamed Broccoli<br/>Garden Salad - Apricots</p>                           | <p style="text-align: center; color: blue;">9<br/>Triple Berry French Toast<br/>Fruit Juice-Strawberry Cup<br/><br/>Cheeseburger <b>OR</b> Hamburger<br/>Looped Fries - Pork N' Beans<br/>Pickles - Leaf Lettuce<br/>Blueberries</p>                    | <p style="text-align: center; color: blue;">10<br/>Sausage Cheese Bagel<br/>Fruit Juice-Applesauce<br/><b>BRUNCH FOR LUNCH</b><br/>Waffles w/syrup<br/>Sausage - Potato Pattie<br/>Vegetable Medley w/dip<br/>Sliced Strawberries</p> | <p style="text-align: center; color: blue;">11<br/>Oatmeal Benefit Bar<br/>Fruit Juice-Apple<br/>Boneless Chicken Wings<br/><b>OR</b><br/>Fish Sticks<br/>WG Roll-Potato Wedges<br/>Salad-Orange</p>            |
| <p style="text-align: center; color: blue;">14<br/>Cinnamon Bun<br/>Fruit Juice-Craisins<br/><br/>Bean &amp; Cheddar Burrito<br/><b>OR</b> Yogurt &amp; String Cheese<br/>WG Roll - Green Beans<br/>Spicy Potato Wedges-Peaches</p> | <p style="text-align: center; color: blue;">15<br/>Breakfast Burrito<br/>Fruit Juice-Banana<br/><br/>Chicken Alfredo<br/>Garlic Bread Stick<br/>Salad wTomatoes &amp; broccoli<br/>Apricots</p>                             | <p style="text-align: center; color: blue;">16<br/>Turkey Sausage Pancake<br/>Fruit Juice-Apple<br/>Cheeseburger <b>OR</b> Hamburger<br/>Looped Fries-Pork N' Beans<br/>Pickles - Leaf Lettuce<br/>Mixed Fruit</p>                                      | <p style="text-align: center; color: blue;">17<br/>Blueberry Pancake<br/>Fruit Juice-Mandarin Oranges<br/>Chili Cheese Nachos<br/><b>OR</b><br/>Yogurt &amp; String Cheese<br/>with WG Roll<br/>Carrots - Garden Salad-Pears</p>      | <p style="text-align: center; color: blue;">18<br/>Ham &amp; Cheese Breakfast Bar<br/>Graham Crackers<br/>Fruit Juice-Applesauce Cup<br/><br/>BBQ Rib Sandwich<br/>Potato Salad - Coleslaw<br/>Pineapple</p>    |
| <p style="text-align: center; color: blue;">21<br/>Cinnamon Bun<br/>Fruit Juice-Apple<br/>Cheese<br/><b>OR</b><br/>Pepperoni Pizza<br/>Garden Salad - Baby Carrots<br/>Pineapple</p>                                                | <p style="text-align: center; color: blue;">22<br/>Breakfast Burrito<br/>Fruit Juice-Banana<br/>Beef &amp; Cheese Tostada<br/>Seasoned Brown Rice<br/>Salsa - Shredded Lettuce<br/>Tomatoes - Refried Beans<br/>Peaches</p> | <p style="text-align: center; color: blue;">23<br/>Triple Berry French Toast<br/>Fruit Juice-Mandarin Oranges<br/><br/>Boneless Chicken Wings<br/>WG Roll - Potato Wedges<br/>Garden Salad-Orange</p>                                                   | <p style="text-align: center; color: blue;">24<br/>Sausage Cheese Bagel<br/>Fruit Juice-Applesauce<br/><br/>Italian Spaghetti<br/>Garlic Bread Stick<br/>Salad w/Tomatoes &amp; Broccoli<br/>Apricots</p>                             | <p style="text-align: center; color: blue;">25<br/>Oatmeal Benefit Bar<br/>Fruit Juice-Craisins<br/><br/>Hotdog w/mustard<br/>Potato Salad - Pork N' Beans<br/>Apple</p>                                        |
| <p style="background-color: yellow; color: red; font-weight: bold;">NO SCHOOL</p>                                                                | <p style="text-align: center; color: blue;">28<br/>Breakfast Burrito<br/>Fruit Juice-Banana<br/><br/>Cheese <b>OR</b> Pepperoni Pizza<br/>Garden Salad - Baby Carrots<br/>Pineapple</p>                                     | <p style="text-align: center; color: blue;">30<br/>Turkey Sausage Pancake<br/>Fruit Juice-Apple<br/><br/>Cheeseburger <b>OR</b> Hamburger<br/>Looped Fries - Pork N' Beans<br/>Blueberries</p>                                                          | <p style="text-align: center; color: blue;">31<br/>Blueberry Pancake<br/>Fruit Juice-Mandarin Oranges<br/><br/>Chicken <b>OR</b> Fish Sticks<br/>WG Roll-Corn<br/>Mashed Potatoes-Apple</p>                                           | <p style="text-align: center; color: blue;">1<br/>Cinnamon Bun<br/>Fruit Juice-Craisins<br/><br/><b style="background-color: yellow; color: red; font-weight: bold;">COOKS CHOICE</b></p>                       |
| <p style="background-color: yellow; color: red; font-weight: bold;">COOKS CHOICE</p>                                                              | <p style="background-color: yellow; color: red; font-weight: bold;">COOKS CHOICE</p>                                                     | <p style="background-color: yellow; color: red; font-weight: bold;">COOKS CHOICE</p>                                                                                | <p style="background-color: yellow; color: red; font-weight: bold;">COOKS CHOICE</p>                                                             | <p style="text-align: center; color: red; font-weight: bold;">JOIN US FOR OUR SUMMER FOOD PROGRAM. FREE TO KIDS 1-18.</p>  |