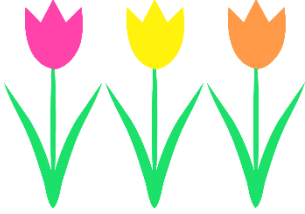




JEFFERSON COUNTY SCHOOL DISTRICT 509-J
DISTRICT HIGH SCHOOL MENU

MARCH

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup. Fresh, Canned or Frozen Vegetables and Fruits are Offered Daily!</p>	<p>Student breakfast must include ½ cup of fruit CEREAL BOWL IS OFFERED DAILY AT BREAKFAST A choice of Skim and 1% White Milk and Nonfat Chocolate Milk Is offered at breakfast/lunch</p>	<p><i>Free Breakfast and Lunch for All Students</i></p> <p>Breakfast Visiting Children: \$1.50 Adult Price: \$2.50</p> <p>Lunch Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p>Lunch Choices Pepperoni or Cheese Pizza Deli Ham Sandwich Deli Turkey Sandwich Tuna Salad Sandwich Sun Butter & Jelly Sandwich Chef Salad MENU SUBJECT TO CHANGE!</p>	<p>This Institution is an Equal Opportunity Provider</p>
		<p>NATIONAL SCHOOL BREAKFAST WEEK! MARCH 5TH – 9TH LIFE IS BETTER WITH BREAKFAST! </p>	<p>1 BREAKFAST PIZZA FRUIT JUICE – APPLESAUCE CUP</p> <p>GRILLED CHICKEN FAJITA – SALSA SERVED WITH GRILLED VEGETABLES SEASONED REFRIED BEANS SPANISH RICE</p>	<p>2 HAM & CHEESE BREAKFAST BAR – MUFFIN FRUIT JUICE – APPLE</p> <p>CHICKEN TENDER BASKET OR FISH 'N CHIP BASKET BAKED OVEN FRIES – WG ROLL</p>
<p>5 NO SCHOOL PARENT TEACHER CONFERENCES</p>	<p>6 BREAKFAST PIZZA FRUIT JUICE – BANANA</p> <p>BEAN & CHEDDAR CHEESE BURRITO SPICY POTATO WEDGES GREEN BEANS</p>	<p>7 WG BISCUIT W/COUNTRY GRAVY FRUIT JUICE – PEACH CUP</p> <p>CHEESEBURGER OR HAMBURGER BAKED OVEN FRIES SWEET CORN</p>	<p>8 BREAKFAST BURRITO FRUIT JUICE – MANDARIN CUP</p> <p>CHICKEN TORTILLA SOUP SERVED WITH CHEESE QUESADILLA</p>	<p>9 MORNING SCRAMBLE WAFFLE – FRUIT JUICE APPLESAUCE CUP CHICKEN TENDER BASKET OR FISH 'N CHIP BASKET PINEAPPLE SALSA VEGETARIAN BEANS</p>
<p>12 HAM & CHEESE BREAKFAST BAR – MUFFIN – APPLE FRUIT JUICE</p> <p>CHILI CHEESE BOWL GARLIC BREAD STICKS</p>	<p>13 SAUSAGE CHEESE BAGEL FRUIT JUICE – BANANA</p> <p>CHICKENWICH BAKED FRIES GREEN BEANS</p>	<p>14 BREAKFAST PIZZA FRUIT JUICE – STRAWBERRY CUP</p> <p>BEEF & CHEESE TOSTADO SEASONED BROWN RICE SWEET CORN</p>	<p>15 BREAKFAST BURRITO FRUIT JUICE – MANDARIN CUP</p> <p>CHICKEN TENDERS ROASTED POTATO WEDGES</p>	<p>16 WG BISCUIT W/ COUNTRY GRAVY – FRUIT JUICE – APPLESAUCE CUP PHILLY CHEESE STEAK SANDWICH OR TUNA SALAD SANDWICH POTATO SALAD VEGETARIAN BEANS</p>
<p>19 HAM & CHEESE BREAKFAST BAR MUFFIN – APPLE – FRUIT JUICE</p> <p>PIZZA BAR SWEET CORN</p>	<p>20 MORNING SCRAMBLE – WAFFLE FRUIT JUICE – BANANA</p> <p>SPRING BEGINS!!!</p> <p>ITALIAN SPAGHETTI GARLIC BREAK STICKS</p>	<p>21 BREAKFAST PIZZA FRUIT JUICE – PEACH CUP</p> <p>CHEESEBURGER OR HAMBURGER BAKED OVEN FRIES PORK 'N BEANS</p>	<p>22 BREAKFAST BURRITO FRUIT JUICE – MANDARIN CUP</p> <p>COOKS EASTER DINNER CHICKEN FRIED STEAK W/GRAVY MASHED POTATOES GLAZED PUMPKIN SCONE</p>	<p>23 COOKS CHOICE </p>


SPRING BREAK
 MARCH 26TH – 30TH