

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

DECEMBER

DISTRICT HIGH SCHOOL MENU

2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p> <p>Fresh, Canned or Frozen Vegetables and Fruits are Offered Daily!</p>	<p>Student breakfast must include ½ cup of fruit</p> <p>CEREAL BOWL IS OFFERED DAILY AT BREAKFAST</p> <p>A choice of Skim and 1% White Milk and Nonfat Chocolate Milk</p> <p>Is offered at breakfast/lunch</p>	<p><u>Free Breakfast and Lunch for All Students</u></p> <p>Breakfast Visiting Children: \$1.50 Adult Price: \$2.50</p> <p>Lunch Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p>Lunch Choices Pepperoni or Cheese Pizza Deli Ham Sandwich Deli Turkey Sandwich Tuna Salad Sandwich Sun Butter & Jelly Sandwich Chef Salad</p> <p>MENU SUBJECT TO CHANGE!</p>	<p>This Institution is an Equal Opportunity Provider</p>
				<p>1</p> <p>Breakfast Burrito Peach Cup – Fruit Juice</p> <p>Chili Cheese Nachos Garden Salad Chocolate Chip Cookies</p>
<p>4</p> <p>Ham & Cheese Breakfast Bar Muffin – Applesauce Cup Fruit Juice</p> <p>Pizza Bar Sweet Corn</p>	<p>5</p> <p>Turkey Sausage Pancake Banana – Fruit Juice</p> <p>Chickenwich Creamy Coleslaw</p>	<p>6</p> <p>Breakfast Pizza Strawberry Cup – Fruit Juice</p> <p>Hamburger OR Cheeseburger Baked Oven Fries Pork 'N Beans</p>	<p>7</p> <p>Breakfast Burrito Peach Cup – Fruit Juice</p> <p>Chicken Alfredo Cornbread Muffin Garden Salad</p>	<p>8</p> <p>Ham & Cheese Bagel Peach Cup – Fruit Juice</p> <p>Chicken Tenders OR Golden Fish Sticks Dinner Roll – Potato Wedges Steamed Broccoli</p>
<p>11</p> <p>Ham & Cheese Breakfast Bar Muffin – Applesauce Cup Fruit Juice</p> <p>Bean & Cheese Burrito w/salsa Spanish Rice Sweet Corn</p>	<p>12</p> <p>Breakfast Burrito Banana – Fruit Juice</p> <p>Chicken Vegetable Soup Grilled Cheese Sandwich</p>	<p>13</p> <p>Breakfast Pizza Apple – Fruit Juice</p> <p>Hamburger OR Cheeseburger Baked Oven Fries Pork 'N Beans</p>	<p>14</p> <p>Sausage Cheese Bagel Strawberry Cup – Fruit Juice</p> <p>COOKS HOLIDAY MEAL Turkey Gravy over Potatoes Dinner Roll – Sweet Corn Holiday Fruit Salad Vanilla Cookie</p>	<p>15</p> <p>Biscuit with Country Gravy 2 Sausage Links Mandarin Cup – Fruit Juice Chicken Tenders OR Golden Fish Sticks Dinner Roll – Tater Wedges Steamed Broccoli</p>
<p>18</p> <p>Ham & Cheese Breakfast Bar Muffin – Applesauce Cup Fruit Juice</p> <p>Pizza Bar Sweet Corn</p>	<p>19</p> <p>Breakfast Pizza Banana – Fruit Juice</p> <p>Grilled Chicken Fajita Tortilla Chips – Salsa Seasoned Refried Beans</p>	<p>20</p> <p>COOKS CHOICE</p>	<p>21</p> <p>NO SCHOOL</p> <p>WINTER BREAK</p> <p>HAPPY HOLIDAYS!!</p>	<p>22</p> <p>NO SCHOOL</p> <p>WINTER BREAK</p> <p>HAPPY HOLIDAYS!!</p>

WINTER BREAK
DECEMBER 21ST – JANUARY 2ND, 2018

