

JEFFERSON COUNTY SCHOOL DISTRICT 509-J  
DISTRICT HIGH SCHOOL MENU

April

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's <b>lunch</b> must include: As choice of <b>½ cup</b> of fruit or vegetable <b>OR</b> a combination of fruit and vegetables to equal <b>½ cup.</b> Fresh, Canned or Frozen Vegetables and Fruits are Offered Daily!</p>	<p>Student breakfast must include ½ cup of fruit <b>CEREAL BOWL IS OFFERED DAILY AT BREAKFAST</b> A choice of Skim and 1% White Milk and Nonfat Chocolate Milk Is offered at breakfast/lunch</p>	<p><b>Free Breakfast and Lunch for All Students</b>  <b>Breakfast</b> Visiting Children: \$1.50 Adult Price: \$2.50 <b>Lunch</b> Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p><b>Lunch Choices</b> Pepperoni or Cheese Pizza Deli Ham Sandwich Deli Turkey Sandwich Tuna Salad Sandwich Sun Butter &amp; Jelly Sandwich Chef Salad <b>MENU SUBJECT TO CHANGE!</b></p>	<p><b>This Institution is an Equal Opportunity Provider</b> </p>
<p>2 Super Cinnamon Bun Pineapple Cup – Fruit Juice </p>	<p>3 Ham &amp; Cheese Breakfast Bar Muffin – Banana – Fruit Juice  Chickenwich Baked Oven Fries Green Beans</p>	<p>4 Sausage Cheese Bagel Applesauce Cup – Fruit Juice  Cheeseburger OR Hamburger Spicy Potato Wedges Corn</p>	<p>5 Breakfast Pizza Peach Cup – Fruit Juice  Pork Fajita Seasoned Brown Rice Refried Beans</p>	<p>6 <b>NO SCHOOL</b>  <b>END OF 3<sup>RD</sup> QTR</b></p>
<p>9 Benefit Bar Strawberry Cup – Fruit Juice  Bean &amp; Cheddar Cheese Burrito Spicy Potato Wedges Green Beans</p>	<p>10 Breakfast Pizza Banana – Fruit Juice  Beef A'Roni Garlic Bread Sticks Steamed Broccoli</p>	<p>11 WG Biscuit w/Country Gravy Peach Cup – Fruit Juice  Cheeseburger OR Hamburger Baked Oven Fries Vegetarian Beans</p>	<p>12 Breakfast Burrito Mandarin Orange – Fruit Juice  Chicken Tortilla Soup <b>Served with</b> Cheese Quesadilla</p>	<p>13 Morning Scramble – Waffle Applesauce Cup– Fruit Juice  Baked Chicken Drumsticks WG Dinner Roll Mashed Potatoes with Chicken Gravy</p>
<p>16 Ham &amp; Cheese Breakfast Bar Muffin – Apple – Fruit Juice  BBQ Pulled Pork Sandwich Potato Salad</p>	<p>17 Sausage Cheese Bagel Banana – Fruit Juice  Chickenwich Baked Fries Green Beans</p>	<p>18 Breakfast Pizza Peach Cup – Fruit Juice  Beef &amp; Cheese Tostado Seasoned Brown Rice Refried Beans - Salsa</p>	<p>19 Breakfast Burrito Mandarin Oranges – Fruit Juice  CHILI CHEESE NACHOS</p>	<p>20 WG Biscuit w/Country Gravy Applesauce Cup – Fruit Juice Chicken Tender Basket <b>OR</b> Fish 'n Chip Basket Oven Fries &amp; Garlic Bread Sticks</p>
<p>23 Ham &amp; Cheese Breakfast Bar Muffin – Apple – Fruit Juice </p>	<p>24 Morning Scramble – Waffle Banana – Fruit Juice  Italian Spaghetti Garlic Bread Sticks Steamed Broccoli</p>	<p>25 Breakfast Pizza Peach Cup – Fruit Juice  Cheeseburger OR Hamburger Baked Oven Fries Pork 'n Beans</p>	<p>26 <b>COOKS CHOICE</b>  <b>BUON APPETITO!!!</b></p>	<p>27 <b>COOKS CHOICE</b>  <b>BUON APPETITO!!!</b></p>
<p>30 <b>COOKS CHOICE</b>  <b>BUON APPETITO!!!</b></p>				

